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KNOW YOUR LIMIT

ONE DRINK EQUALS:

- 1 oz. of 100 proof liquor
- 4 oz. of table wine
- or 12 oz. of beer

DRINKS

BODY WEIGHT IN POUNDS

100 120 140 160 180 200 220 240

1	.04	.03	.03	.02	.02	.02	.02	.02
2	.08	.06	.05	.05	.04	.04	.03	.03
3	.11	.09	.08	.07	.06	.06	.05	.05
4	.15	.12	.11	.09	.08	.08	.07	.06
5	.19	.16	.13	.12	.11	.09	.09	.08
6	.23	.19	.16	.14	.13	.11	.10	.09
7	.26	.22	.19	.16	.15	.13	.12	.11
8	.30	.25	.21	.19	.17	.15	.14	.13
9	.34	.28	.24	.21	.19	.17	.15	.14
10	.38	.31	.27	.23	.21	.19	.17	.16

REASONABLE

ILLEGAL

Subtract .01% for each hour of drinking after first hour.
YOU are legally "under the influence" at a BAC of .08% or higher.